

WHAT IS TAEKWONDO?

"THE WAY OF THE HAND AND FOOT".

Taekwondo is a Martial Art that originated in Korea. It was introduced as an Olympic Sport in 2000 and is a popular Martial Art as it improves its practitioner's physical fitness, flexibility, self-esteem and confidence.



Practicing Taekwondo requires a combination of power, speed, agility, flexibility, and strategy. It also encourages modesty and respect.

WE ARE MORE THAN JUST A CLUB!!!

OUR TEAM

Monash University Taekwondo Club offers a friendly and encouraging environment where you can get fit, flexible, and perfect your technique! We also have an excellent club culture - our Club hosts many different events for our members to get to know each other and build lifelong friendships.



EVENTS



ANNUAL CAMP

Our annual camp is a great way to get to know everyone! This year's camp will be held in Apollo Bay in the mid-semester 1 break (1st-3rd April).

VICTORIAN INTER-UNI CHAMPIONSHIPS

Hosted by our very own club, the VIUC is a competition between universities from across Victoria for students to test their sparring abilities.

AUSTRALIAN UNI GAMES

The AUG is an annual competition between universities from across the nation to compete against each other for the glory and AUG trophy. This year's AUG will be held in Perth in semester 2.

TAEKWONDO BALL

Following the success of our third ball, this year's ball is sure to be even bigger! Join us in an evening of dinner, drinks, and dancing with our fellow taekwondo clubs from other universities!

CLASSES

MONDAY 4-6pm
GAMES HALL
(42 Scenic Blvd Monash Sport Clayton)

WEDNESDAY 4-6pm
GAMES HALL
(42 Scenic Blvd Monash Sport Clayton)

FRIDAY 5-7pm
CHISHOLM HALL
(Caulfield S building)

SUNDAY 3-4:30pm (Beginner sparring)
4:30-6pm (Senior sparring)
AEROBICS HALL
(42 Scenic Blvd Monash Sport Clayton)



OUR COACH



OUR COACH
MASTER
JAEYOUNG KIM

HEAD INSTRUCTOR OF
MONASH TAEKWONDO
SINCE 2006

FOUNDER OF TIGER
WORLD CLASS
TAEKWONDO

QUALIFICATIONS

- * WTF (World Taekwondo Federation) 5th Dan
- * Teuk Gong Moo Sool 5th Dan (TGMS-Korean Martial Art for special Forces)
- * Korean National Instructor 3rd Level
- * TGMS National Instructor 3rd
- * Taekwondo International Referee 3rd Level Level



RATES

	Monash	Non-Monash
Annual	\$220	\$275
Semester	\$155	\$200
Casual passes:	New	Renewal
Single session	\$12	-
5 session pass	\$60*	\$50
10 session pass	\$100*	\$90

*includes \$10 for membership

Put down a deposit for membership in O-Week and go into the draw to win a FREE ticket to camp